

The PE Curriculum at Litton C of E Primary

At Litton School we intend to deliver a curriculum which:

- Allows for an appreciation of the importance of physical activity in maintaining a healthy lifestyle,
- Develop a lifelong love of sport and physical activity.
- Is tailored to meet the needs of all children, including the most vulnerable, so everyone can participate equally.
- Challenges children to develop their skills and knowledge progressively,
- Develops cultural literacy by identifying sporting events, icons and looking at the history of sport.
- Develops pupil's attitudes to sports and game so they can challenge themselves and others whilst having a healthy attitude to team games and individual challenge.
- Is accessible to all.
- Is inclusive, fair and enjoyable.

We recognise that due to our site and our class organisation and size of the school, we cannot deliver all aspect of PE and Sport that a larger school can. However, with the use of many after-school and extra curriculum opportunities we ensure that our pupils experience a wide range of physical activities in both competitive and non-competitive environments.

We offer the following clubs during the year

- Netball
- Football
- Cricket
- Multi-sport
- Running
- Outdoor and adventurous

We hope that all our children can swim 25m before they leave KS1 and offer extra catch-up lessons to those who need this in the junior class.

During the year, we take part in the following inter-school activities

- Cross-Country
- Athletics
- Gymnastics
- Football
- Hockey
- Swimming
- Netball and basketball